

DIZZINESS QUESTIONNAIRE

NAME _____

DATE _____

I. Please answer the following questions by checking the YES or NO and filling the blank where appropriate.

YES NO

1. When did your dizziness first begin? _____
2. The dizziness is constant.
3. The dizziness is in attacks.
4. If in attacks, how often? _____
How long do they last? _____
5. Do you experience:
 - a) Light headedness
 - b) Swimming sensation in the head
 - c) Black-out spells
 - d) Loss of consciousness
 - e) Objects spinning or turning about you
 - f) Sensation that you are spinning or turning, and that outside objects remain stationary
 - g) Loss of balance when walking
Veer to the right
Veer to the left
6. Will anything stop your dizziness or make it better?
Explain _____
7. Will anything make your dizziness worse?
Explain _____
8. Will anything bring on an attack?
Explain _____
9. Can you tell when an attack is about to start?

YES NO

10. Do changes in position make you dizzy?
- Do you experience dizziness when looking up, such as getting something from a top shelf.
11. Are you free of dizziness between attacks?
12. When you are dizzy, can you stand unsupported?
- Walk
13. Difficulty hearing
Both ears
Right ear
Left ear
14. Does your hearing get worse when you are dizzy?
Both ears
Right ear
Left ear
15. Noise in your ears
Both ears
Right ear
Left ear
- Describe the noise. _____
16. Does the noise change with the dizziness?
If so, how? _____
17. Fullness or stuffiness or blocked feeling in the ears
Both ears
Right ear
Left ear
- Does this change when you are dizzy?
18. Do you get nauseated when you are dizzy?
19. Do you vomit when you are dizzy?
20. Pain in your ears
Both ears
Right ear
Left ear
21. Discharge from your ears
Both ears
Right ear
Left ear
22. Do you have trouble walking in the dark?

YES NO

- 23. Do you have any allergies?
- 24. Did you every injure your head?
Were you unconscious?
- 25. Do you take any medication regularly?
List _____
- 26. Do you use tobacco?
- 27. How much alcohol do you drink a day? _____
- 28. Do you have or have you had:
 - a) Heart trouble
 - b) High blood pressure
 - c) A stroke
 - d) Diabetes
 - e) Kidney disease
 - f) Tyroid disease

II. Have you experienced any of the following symptoms? Please check either YES or NO and circle either CONSTANT or IN EPISODES:

- | | | | | | |
|--------------------------|--------------------------|-----|---|----------|-------------|
| <input type="checkbox"/> | <input type="checkbox"/> | 1. | Headache | CONSTANT | IN EPISODES |
| <input type="checkbox"/> | <input type="checkbox"/> | 2. | Pressure in head | CONSTANT | IN EPISODES |
| <input type="checkbox"/> | <input type="checkbox"/> | 3. | Double vision | CONSTANT | IN EPISODES |
| <input type="checkbox"/> | <input type="checkbox"/> | 4. | Numbness or tingling in face or extremities | CONSTANT | IN EPISODES |
| <input type="checkbox"/> | <input type="checkbox"/> | 5. | Blindness or flashing lights | CONSTANT | IN EPISODES |
| <input type="checkbox"/> | <input type="checkbox"/> | 6. | Weakness in arms or legs | CONSTANT | IN EPISODES |
| <input type="checkbox"/> | <input type="checkbox"/> | 7. | Clumsiness in arms or legs | CONSTANT | IN EPISODES |
| <input type="checkbox"/> | <input type="checkbox"/> | 8. | Confusion or loss of consciousness | CONSTANT | IN EPISODES |
| <input type="checkbox"/> | <input type="checkbox"/> | 9. | Difficulty with speech | CONSTANT | IN EPISODES |
| <input type="checkbox"/> | <input type="checkbox"/> | 10. | Difficulty with swallowing | CONSTANT | IN EPISODES |

EARS

NOSE

ORAL CAVITY

NASOPHARYNX

LARYNX

NECK

BRUITS

FISTULA TEST

SPONTANEOUS NYSTAGMUS WITH FRENZEL LENS

POSITIONAL TESTS

ORTHOSTATIC BP

NEUROLOGIC EXAM

AUDIOLOGY

ENG

X-RAYS -- TOMOS
CT
OTHERS

VDRI & OTHERS

BAER

NEURO CONSULT