



# Ear, Nose & Throat *SpecialtyCare*

2211 Park Avenue South • Minneapolis, Minnesota 55404-3753 • (612) 871-1144

## **AUDITORY BRAINSTEM RESPONSE TESTING (ABR)**

### **Instructions**

The auditory brainstem response test (ABR) is designed to evaluate the transmission capabilities of the hearing nerve from the ear to the brainstem. The test lasts approximately one hour. During that time, you will be seated in a comfortable reclining chair, listening through ear-phones to a series of clicking sounds. No participation or response is required of you other than to remain quiet and still.

**We request that you abstain from the following items 24 hours prior to your ABR evaluation:**

**1. NO ALCOHOL**

**2. NO CAFFEINE - includes coffee, tea, pop, chocolate, etc.**

**Your forehead should be free of makeup and/or lotion prior to the time of the test to allow for better electrode placement.**

You may eat any amount of other food items.

**If you have questions about the test or instructions, please call and talk to your Physician or Audiologist prior to the testing.**

**If you are unable to keep your appointment for any reason, we ask that you notify our office at least 72 hours prior to the appointment.**